Information on Prosthesis Fitting Procedure
Following Breast Surgery

The Breast Care Nurse aims to see each patient individually. This leaflet complements information given by her.

**Fitting procedure**
Make sure you bring a comfortable bra into the ward with you. Before you leave the hospital you will be supplied by the ward staff with a light temporary breast form which will restore your shape yet put minimal pressure on the scar tissue.

**For patients not receiving radiotherapy**
Six weeks after your surgery you may be ready for fitting of a permanent breast prosthesis.

When coming to the fitter, you are advised to bring a good fitting bra, and a close fitting top, so that a permanent prosthesis can be tried on and fitted.

**For patients receiving radiotherapy**
If you are receiving radiotherapy, it is advisable to wear a temporary breast form until treatment is completed. Fitting will then proceed as above.

**Which Fitting Service**

*Service provided by Avril Sutherland, RGN*

The NHS provides an independent specialist service through Avril Sutherland for women who, like you, attend an EBU clinic at Western General Hospital, Edinburgh. Avril provides a fitting and advisory service for permanent and temporary prostheses and also offers a similar service for prescription replacements.

This service runs every Thursday within the breast clinic at the Western General Hospital. If you are having a fitting done for the first time you will be required to make an appointment in advance. The contact details are below. Those patients requiring a replacement prosthesis or just need some advice can access the Walk-in service on Thursday mornings.
To make an appointment or if you require further information please contact:

Sheena Buchanan  
WGH Orthotic Administrator  
Telephone 0131 537 2436

The Walk-in Prosthetic Clinic is every Thursday morning between 1030 am-1230pm within the breast clinic. When you arrive you will be asked to place your name on a board and then to take a seat in the waiting room. Avril will call your name in the waiting room when she is ready to see you.

If you have any further queries then please contact your Breast Care Nurse who will be happy to help you.

Breast Care Nurses  
Edinburgh Breast Unit  
Western General Hospital  
Telephone 0131 537 1621

Reviewed by: Emma Childs

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